

# Reception - Summer Term 1

## Ready, Steady, Grow!

In the Ready Steady Grow project your child will take part in practical activities to explore where our food comes from. They will find out about life on a farm, learn what is needed by seeds and plants to help them grow well, and enjoy planting in our garden. We will explore what constitutes a healthy lifestyle, including eating a varied diet, exercising and teeth brushing. Noticing seasonal changes that happen at this time of year will be key, we will find out about the weather, new growth, living things, and baby animals.

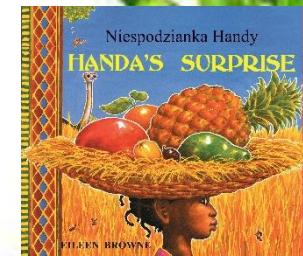
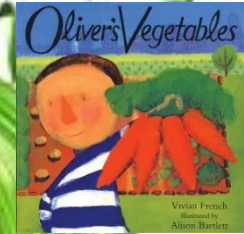
### Supporting Your Child at Home

- Visit your local library and find books about farms to share.
- Make a shopping list together and go to the shops to buy the food.
- Talk about healthy and unhealthy foods.
- Go on a walk and take photographs of the signs of spring/summer.
- Make a weather diary to observe how the weather changes.
- Visit a pond and look for signs of new life, such as ducklings and frogspawn. Visit again over time to observe changes.
- Share and discuss the [Did you know?](#) resource.

### Maths

In maths we will be comparing numbers and quantities. We will focus on the words more, fewer and equal, and understand the one more and one less relationship between consecutive numbers. We will predict how many there will be if you add or take away one. We will also continue to develop our ability to recognise and create repeating patterns with shapes, colours and natural objects.

Our Key  
Texts are....



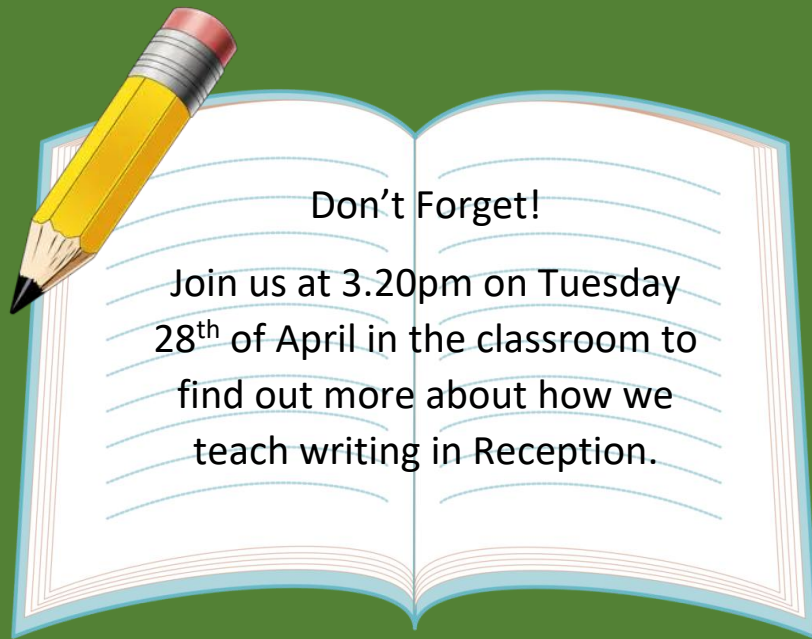
### Phonics, Reading and Writing

We will continue to practise and develop quick recall of all of the digraphs, trigraphs and tricky words we have learnt. We will learn to read words ending with -ing, -ed -id and -est.

The children will be using their phonic knowledge to write words and sentences independently. We will write descriptions of story characters, make posters and signs for a role-play farm shop and labels for our planted seeds. We will practise our handwriting to make sure we are forming letters correctly.

## Key Knowledge - By the end of this topic we expect the children to know:

- Food can be from plants or animals.
- Fruit and vegetables are from plants. Meat, milk and eggs are from animals.
- Many plants grow from seeds. Plants need water, sunlight, air and warmth to grow.
- To stay healthy, we should eat at least five portions of fruit and vegetables a day. We should also exercise, keep ourselves clean and get enough sleep.
- Spring is a time when many baby animals are born, such as ducklings and lambs.
- Many animal babies are known by different names than the adult animal, such as cow and calf or sheep and lamb.
- Frogs lay frogspawn in ponds. Tadpoles hatch out of the frogspawn and grow into frogs.



### PE Kits

We will soon begin to teach PE sessions in Reception class. These will further support the children's physical skills, as well as develop their confidence and independence.

If your child does not yet have a school PE kit, now would be a great time to buy one.

All children must have the correct PE kit when they join their Year 1 class in September. Buying one now (in a generous size!) will give them the chance to practise getting changed, in preparation to do this by themselves next year.

Please see a member of staff if you have any questions.