

ACT OF LOVE

O my God, I love you with my whole heart and above all things
because you are infinitely good and perfect,
and I love my neighbour as myself, for love of you.
Grant that I may love you more and more in this life,
and in the next for all eternity.
Amen.



Act of Sorrow

O my God, I thank you for loving me.
I am sorry for all my sins:
for not loving others
and not loving you.
Help me to live like Jesus
and not sin again.
Amen



THE ROSARY

Sign of the Cross, Our Father , 3 Hail Marys, Glory be to the Father

Choose one of the mysteries:

Joyful Mysteries, Sorrowful Mysteries , Glorious Mysteries ,
Illuminous Mysteries

then say:

Our Father, 10 Hail Marys, Glory be to the Father

The Joyful Mysteries

- *The Annunciation:* The Archangel Gabriel "announces" to Mary that she shall conceive the Son of God.
- *The Visitation:* Mary visits her cousin Elizabeth, who is pregnant with John the Baptist.
- *The Nativity:* Jesus is born.
- *The Presentation:* Mary and Joseph "present" Jesus in the Temple where they meet Simeon.
- *The Finding in the Temple:* After losing Him, Mary and Joseph find young Jesus teaching the Rabbis in the Temple.

The Luminous Mysteries

- *The Baptism in the Jordan:* The voice of the Father declares Jesus the beloved Son.
- *The Wedding at Cana:* Christ changes water into wine, his first public miracle.
- *The Proclamation of the Kingdom:* Jesus calls to conversion (cf. Mk 1:15) and forgives the sins of all who draw near to him.
- *The Transfiguration:* The glory of the Godhead shines forth from the face of Christ.
- *The Institution of the Eucharist:* Jesus offers the first Mass at the Last Supper with his apostles, establishing the sacramental foundation for all Christian living.

The Sorrowful Mysteries

- *The Agony in the Garden:* Jesus sweats water and blood while praying the night before his passion.
- *The Scourging at the Pillar:* Pilate has Jesus whipped.
- *The Crowning with Thorns:* Roman soldiers crown Jesus' head with thorns.
- *The Carrying of the Cross:* Jesus meets His mother and falls three times on the way up Calvary.
- *The Crucifixion:* Jesus is nailed to the cross and dies before His mother and His apostle John.

The Glorious Mysteries

- *The Resurrection:* Jesus rises from the dead.
- *The Ascension:* Jesus leaves the Apostles and bodily "ascends" to heaven.
- *The Descent of the Holy Spirit:* The Apostles receive the Holy Spirit in tongues of fire in the upper room with Mary.
- *The Assumption:* Mary is taken bodily--assumed--into heaven by God at the end of her life here on earth.
- *The Coronation:* Mary is crowned Queen of Heaven and Earth

The Angelus

The Angel of the Lord declared to Mary: and she conceived of the Holy Spirit.

Hail Mary full of grace, the Lord is with thee....

Behold the handmaid of the Lord: be it done to me according to your word.

Hail Mary full of grace, the Lord is with thee....

And the Word was made flesh: and dwelt among us

Hail Mary full of grace, the Lord is with thee....

Pray for us, O holy Mother of God. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech you, O Lord,
your grace into our hearts,

that we to whom the incarnation of Christ, your Son,
was made known by the message of an angel,
may be brought by his passion and cross
to the glory of his resurrection,
through Christ our Lord. Amen.



My Book of Special Prayers

Year 3

Name: _____



